



# EAST HELENA WRESTLING

## EHWC Registration Form

Updated 10/2016

**For EHWC Only:** Birth Certificate Provided YES / NO  
Paid with Check # \_\_\_\_\_ Cash \_\_\_\_\_ Date \_\_\_\_\_

**Write legibly. Bring this Registration Form, Waiver, Birth Certificate, and \$100 per wrestler to register.**

**In February, each wrestler will be required to sell \$100 Raffle Book.**

**Wrestler #1** \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_ Weight \_\_\_\_\_

**Wrestler #2** \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_ Weight \_\_\_\_\_

**Wrestler #3** \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_ Weight \_\_\_\_\_

Guardian of Wrestler \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_

Guardian of Wrestler \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_

**Email is used for weekly communication. Include all email addresses necessary to keep yourself informed.**

Wrestler Mailing Address (for USAW purposes) \_\_\_\_\_

### EHWC Wrestler Medical History & Medical Release

I fully understand the risks inherent in the sport of wrestling. I voluntarily allow my child to participate. The EHWC **has my permission** to secure medical attention, IF the EHWC or hospital cannot contact me.

Name of Guardian giving consent \_\_\_\_\_ Signature \_\_\_\_\_

Our child has these allergies or this condition: (epilepsy, asthma, inhaler, skin disease, heart condition, etc): \_\_\_\_\_

**I have read the Code of Conduct and I will participate in fundraisers.**

Checks payable to EHWC



## USA Wrestling Waiver and Release from Liability

1. I \_\_\_\_\_, the undersigned, on behalf of myself, my heirs and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE THE UNITED STATES WRESTLING ASSOCIATION, INC., its affiliated clubs, administrators, agents, directors, officers, state organizations, members, committees, volunteers, all employees of US Wrestling, and any and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable, owners, lessors and operators of premises used to conduct any US Wrestling sanctioned event, meet, practice or activity (all hereinafter "Releasors") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past, present, or future, direct or consequential that I may hereafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of participation in, attendance at or traveling to and from any USA Wrestling sanctioned event or activity including, but not limited LOSSES CAUSED BY [PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

2. Releasor understands and acknowledges that USA Wrestling activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENTLY, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OF PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

3. Releasor acknowledges and fully understands that each participant in any USA Wrestling sanctioned event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to person or property including death, and that severe social and economic losses may result not only from Releasor's own actions or negligence, but from the actions, inactions or negligence of others notwithstanding the rules of play or the condition of premises or of any equipment used. Further Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time.

I ACKNOWLEDGE THAT I HAVE SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTANDS ITS PURPOSE, MEANING AND INTENT.

\_\_\_\_\_  
(Participant's Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Print Name)

The undersigned, \_\_\_\_\_ does hereby represent that he/she is, in fact, the parent or legal guardian of \_\_\_\_\_ and acting in such capacity agrees to the terms and conditions of the above stated waiver and release.

\_\_\_\_\_  
(Signature of parent or legal guardian)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Print Name)

\_\_\_\_\_  
(Relationship to minor)

# **EHWC Code of Conduct**

It is expected that each parent or guardian consistently display a high personal standard and act as an ambassador for the EHWC. All wrestlers and parents must show respect for their fellow wrestlers, coaches, and parents.

## **Parents or Guardians**

- **To keep registration fees at \$100, I will participate in ALL fundraisers. I will sell at least one book of raffle tickets per wrestler and work at least one shift at the Stampede Parking.**
- I will allow the coaches to coach. I understand that putting pressure on my child does not foster a positive learning environment. I understand that a “win at all costs” attitude will not be permitted. I will encourage, not criticize, my wrestler, coach and team.
- I understand that I cannot be on the floor at tournaments or on the mat during practice unless I am a coach.
- During practice, if I stay and watch, I will keep quiet and not be a distraction.
- I understand that siblings are not permitted to run around in the gym, foyer, or bathrooms. I understand that the use of the Eastgate gym is a privilege and I will help to ensure that we don't lose the facility.
- I will clean up after myself including water bottles, garbage, clothing, etc.
- I will help roll out the mats before practice and help roll them up at the end of practice if I am physically able.
- I will have my wrestler at the scheduled practice on time with the proper clothing and shoes ready to go.
- If I observe a wrestler misbehaving, not following the rules, or putting other wrestlers in danger, I will immediately report the behavior to a coach or board member.
- I will inform the coach of any physical or medical ailment that may affect the safety of my wrestler or others.

## **Wrestlers**

Wrestlers should come ready to wrestle and will be expected to listen and participate at every practice. There will be discipline during practice and tournaments for non-sportsman-like conduct.

- Wrestlers will not curse, swear, or condemn another wrestler, coach, official, or parent.
- Wrestlers will not instigate, promote, or respond to an opponent, bystander, parent, official, or coach by fighting. There will be no planning or instigating of any fight before, during, or after any practice or tournament.
- Some offenses may warrant expulsion on the first occasion if agreed upon by the Board and Head Coach.
- Wrestlers will not, at any time during club events or practices, be involved in any type of theft. In addition, if you know of such an incident that has or is going to occur, you are expected to come to the coaching staff or your parent(s) and report it. If you know of such an incident and do not report it and at a later date it is discovered that you knew about it, you will be considered guilty and expelled from the club for the remainder of the year.
- Wrestlers will not, at any club event or practice, destroy or deface public or private property.